

## DAILY SCHEDULE OF ACTIVITIES

### **Morning**

7:00-8:55 ARRIVAL, WASH HANDS, FREE PLAY

With the exception of toddlers, all age groups are involved in group activities of choice and 3 to 4 self-directed activities.

8:55-9:05 CLEAN-UP TIME

9:05-9:20 GATHERING TIME

Conversations about the day's topics and projects, as well as songs about days of the week, months of the year, and welcoming each student happen here.

9:15-9:30 OPTIONAL SNACK TIME

Wash hands and use bathroom as required.

At snack time, table etiquette and group conversations are encouraged.

9:30-10:45 LEARNING THROUGH PLAY

A planned curriculum in developmental areas of science, art, math, dramatic play, blocks, and early literacy that encourages learning through play.

10:45-10:55 CLEAN-UP TIME

10:55-11:10 MUSIC AND MOVEMENT, CIRCLE GAMES

Children are encouraged to sing and dance to music. Some action songs allow children to expand on their creative movement and give them an opportunity to "pretend" while following directions.

11:15-12:05 OUTDOOR/INDOOR GROSS MOTOR ACTIVITIES

Outdoor play areas are well utilized, weather permitting.

All children participate in large motor skills, e.g. climbing, running, slides, bikes, and other appropriate seasonal activities.

12:15-12:25 STORY TIME / LUNCH SET-UP

A story or soft music is encouraged to relax children and two children are chosen to set the tables, as well as bring milk and some foods from the kitchen for lunch.

12:25-12:30 WASH HANDS FOR LUNCH

12:30-12:55 LUNCH-FAMILY STYLE

Each teacher is requested to share lunch with his/her class each day. During this time, we practice good table etiquette, discuss family events, and explore new ideas.

## **Afternoon**

12:55-1:10 BATHROOM USE, WASH HANDS, PREPARE FOR NAP/REST TIME

1:10-2:45 REST AND NAP TIME PERIOD

2:45-3:00 WAKE-UP

Children wake up, put on shoes/socks. All cots are put away. Bathroom use as needed. Children are able to look at books independently.

3:00-3:15 OPTIONAL SNACK

3:15-3:45 FREE CHOICE TIME

Sensory Table, manipulatives, sensory activities, puzzles, and open easel are all options at this time.

3:45-4:00 CLEAN-UP/ SHORT STORY

4:00-4:45 OUTDOOR/INDOOR GROSS MOTOR ACTIVITY

4:45-5:00 WASH HANDS, ENJOY FRESH FRUIT FOR LATE AFTERNOON SNACK

5:00-6:00 COMBINED SMALL GROUP ACTIVITIES

Manipulatives, crayons, markers, scissors, small building blocks all encourage quiet activities in preparation for going home.